FIND OUT HERE FIND OUT NOW

BETWEEN THE LINES



May June 2013 Edition

Printed and Distributed by MWR



Morale, Welfare & Recreation Facility Hours

Army Community Service (ACS) Mack Fitness & Recreation Center

Monday-Friday 0730 - 1600 hours (570) 615-8374 Building 1015

One Stop Shop (OSS)

Monday - 0800 - 1300 hours Tuesday - 0730-1300 hours Wednesday - 0730-1300 hours Thursday - 0700-1300 hours Friday - 0800-1300 hours

(570) 615-8851 Building 11

The Landing

Catering, Private Parties, Special Events & Pavilion Rental

(570) 615~7998 Building 333

Post Restaurant Facility

Monday-Friday 0615 - 1530 hours (570) 615-7998 Main Office Building 11

Post Auto Service Shop (PASS)

Monday-Friday 0700 - 1600 hours (570) 615-7583 Building 34

Community Services/Financial/ Marketing Office

Monday-Friday 0730 - 1600 hours (570) 615-7150 Building 1001

Monday - Thursday 0600 - 1900 hours Friday - 0600 - 1800 Saturday - 0900 - 1430 Sunday - Closed

(570) 615~7092 Building 34

Child Youth & School Services (CYSS)

Monday-Friday 0615 - 1800 hours (570) 615-6559 Building 335

Tobyhanna Villas in the Poconos

Monday - Thursday 0600 - 1900 hours Friday - 0600 - 1800 Sunday - Closed (570) 615-6343 Building 34

The Check-It-Out Center

Monday-Saturday 0730 - 1600 hours (570) 615-7092 Building 34

Graphics Magic

Monday-Friday 0830 - 1700 hours (570) 615-8302 Building 1001

All areas, excluding Tobyhanna Villas in the Poconos, are closed on all federal holidays.

Tobyhanna Villas are available 24 hours a day, 7 days a week!

During off hours, please call Security (570) 615-7550.



Visit the
One Stop Shop
to purchase
tickets
X58851

Sunday, 9 Jun 13

Concourse tickets available for \$20.00 each



Sunday, 7 Jul 13

Concourse tickets available for \$25.00 each

PIT PASSES ~ \$35.00 each (20% Savings!)

COMING SOON!
August Race Information
Stay Tuned!

Page 3



www.tobyhannafcu.org 1-866-TOBYFCU

Whether You Are Traveling Near or Far Tobyhanna Federal Credit Union Can Help You Get There!

Special Travel Fair Loan Just For YOU!

6.99% - 16.99%* up to 48 months 7.99% - 17.99%* 49 - 60 months

Visit your local branch located in **Building #11** or apply online at **www.tobyhannafcu.org**

*APY=Annual Percentage Yield. Membership required when applying for all TobyFCU products and services. Rates and terms subject to change at any time without notice. Rates and terms based on credit worthiness.

Army Volunteer Corps



A r m y

Community

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<u>Army Volunteer Corps Mission and Vision</u> <u>Statements</u>

Mission: Promote and strengthen volunteerism by uniting community volunteer efforts, supporting professional management, enhancing volunteer career mobility, and establishing volunteer partnerships to support individual personal growth and life-long volunteer commitment.

Vision: A trained and resourced professional volunteer force supported by Army leadership and prepared to contribute to Army readiness and well-being.

Why Volunteer?

- For the volunteer: Build your resume, contribute to the community, meet new people, share expertise, gain new skills and work experience, be challenged
- For the community: Develop new programs, sustain programs, enrich the quality of life for Soldiers and their Families, price and ownership
- Recognition: Volunteer of the Month, Volunteer of the Year, Presidential Service Awards, national and agency awards

Tobyhanna Army Depot Groups....

ACS · CFC · Day of Caring · DLA Family Group · AUSA · Civilian Welfare Council · TWC · Veterans Council · Adopt-a -Highway · Americas Promise · MWR · RSO

Commit to Community Service, Call AVC Today!

Army Volunteer Corps
Coordinator
(570) 615-8887



Start Your Summer Right! DUS TR/PS!

Coming Soon!

New York On Your Own August 2013

Sight & Sound 7 September 13

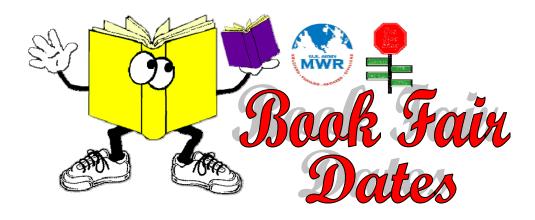
Wine Trip
September 21st

Washington DC – Overnight Stay 12/13 October 13

New York Radio City Music Hall

New York On Your Own

Contact the One Stop Shop for more information 570-615-8851



Book Fair hours are from 0900 - 1500 hours for all dates

15 May - Bldg 1A by ATM

16 May - Outside Credit Union

18 Sept - Bldg 1A by ATM

19 Sept - Outside Credit Union

13 Nov - Bldg 1A by ATM

14 Nov - Outside Credit Union

18 Dec - Bldg 1A by ATM

19 Dec - Outside Credit Union

Sponsored by MWR
Contact the One Stop Shop for further info,
X58851

Sponsored by Civilian Welfare Fund

Philadelphia Phillies Bus Trip

6 Jul 13

Cost: \$60.00 per person

Phillies

Price includes ticket to game, bus ride to and from event, snack bag for bus ride & \$10.00 food & beverage voucher

Section 241

Bus depart from TYAD at 1430 hours. Game time is at 1915 hours. Bus departs stadium 30 minutes after game

Phillies 7 Sep 13 Game

Cost: \$55.00 per person Game Time: 1905 hours

POC: OSS X58851



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Finding a better way to better yourself has never been easier

The Mack Fitness and Wellness Center has implemented fitness classes with convenient schedules and caring trainers who want to show you how easy it is to implement a healthy lifestyle for yourself, starting today!



Start Now, For Free X57092 Realize your potential and self-worth!

increase your confidence & self-esteem improve your discipline & focus

"Cross-Fit" Like Exercise
Monday- 0600-0700
Tuesday- 1700-1800
Wednesday- 0600-0700
Thursday- 1700-1800

Self Defense/Kickboxing Monday- 1630-1730

> <u>ZUMBA</u> Monday– 1815-1915 Friday– 1630-1730

Start To Better Yourself Today!

Classes for all fitness levels Trainers will work with you, No Pressure!





Give a Gift from Graphics Magic FATHERS DAY

16 Jun 13



Pilsner Glass - \$12.00 Each

Engrave this pilsner glass with a name, date or special message



Wooden Keychain - \$5.00 Each

Engrave this wooden keychain with initials or special message



Wooden Picture Frame— starting at \$9.00 Each

4X6 5X7 8X10 8.5X11



Piano Finish Mantle Clock-\$25.00

Great display for a desk or home accessory they will cherish for years to come



Wooden Wine Box-\$25.00

Engrave the wine box with any message and fill with their favorite wine!

Order from Graphics Magic by calling X58302 Located in Building 1001

Religious Gifts to Personalize





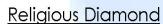
Commemorative Plate

8" white ceramic plate includes white gift box and black plate stand \$28.00



Brass Plated Praying Hands Plaque

6X8 Brass Plaque with space for engraving personal message \$15.00



6X8 1/2 Brass Resin Plate with space for engraving personal message \$12.00



Also ask about Religious Medals if you have a group of awards to hand out! Prices vary, call Graphics Magic to learn more, X58302





SELF HELP DVDS

ARCHERY FIT



Strengthening Tips from the Pros is a guide to archery strengthening and injury prevention featuring some of the top names in archery! Hear training tips from top professional archers, master coaches and international bowhunters.

How to Shoot SPORTING CLAYS



Sporting Clays is the fastest growing sport in the USA! Join shooting pro Marty Fischer as he discusses and demonstrates the tools and techniques of this sport. Learn how to read the target, foot positions and gun hold point.



Available at the One Stop Shop X58851



\$8.00 Premiere Movie Ticket

Ultimate Movie Pack \$25.00 Includes Two Ultimate Movie Tickets & a \$10.00 Concession Gift card

(Surcharge Fees apply to all IMAX, RPX, Large Format or 3D Films)

Theatre location:
3909 Commerce Blvd
Dickson City, PA 18519
570-383-1555





Available at the One Stop Shop, X58851

Come and Enjoy

FISHING

At Barney's Lake on Tobyhanna Army Depot

Available At:

One Stop Shop (570) 615-8851 Mack Fitness Center (570) 615-7583

2013 Fishing Permits for Barney's Lake are FREE

Number of Permits Available is Limited

Proper documentation of PA Fishing License with Trout Stamp is still required for anyone age 16 and over.

No Fishing Dates
Before April 13th,
May 16th & 17th

Barney's Lake Fishing Permits are Non-transferable.

Transferring of Permit Will Result In Loss of Lake Privileges.





SATURDAY 13 JULY 2013

"Bring out the family for a day of Fun, Food and Entertainment!!" POC: One Stop Shop X58851 TICKETS ON SALE NOW!

Ride Only Tickets

Multi Color tickets are **RIDE ONLY** Can be used any day!

Sold in booklets of \$20.00 for:

Italian Sausage & Peppers~Hamburger~Baked Beans~Hot Dogs~Macaroni Salad~Pasta Salad~ Corn on the Cob~Ice Cream & Iced Tea! *Price is per person, One time thru line* Buffet times from 1300-1600 hours

Must be purchased at OSS

Golfers! Don't forget your clubs! Knoebels *Three Ponds Golf Club* is located right next door to the park! Special rates are now available. Call Knoebels directly to make tee-time reservations, 1-800-487-4386

Pack up your tents and spend the weekend with the family at one of Knoebels Family Campgrounds... To lazy to pitch a tent? Stay in one of our 31 Foot Vacation Trailers Fully Furnished for \$110 per night! Only four available trailers on first come/first serve basis*

*Limited # of primitive campsites are available for this weekend.

> To make reservations, call: LAKE GLORY (570) 356-7392



Tickets are Brown & White and can be used for Rides. Refreshments, Games & Pool Can be used any day! Sold in booklets of \$10.00 for:



Limited Quantities Available for Early Bird Special!

Survivor Outreach Services Tobyhanna Army Depot Presents:

Gold Star Families: What is it all about?

Representatives from Gold Star Mothers, Gold Star Wives, Gold Star Fathers and Gold Star Families will be available to discuss their programs and what services are provided.

When: 22 Jun 13

Time: 1300-1500

Where: Tobyhanna Army Depot Founders Room, The Landing

Please bring your Families. Snacks and drinks will be provided

[☆] Please RSVP at (570) 615-8374 or Deborah.s.ward.civ@mail.mil. Please RSVP by 15 Jun 13





Hearts Apart/Waiting Families is a support service to families, military members, and civilians on the installation and in the surrounding community who are living separately from their military or civilian sponsor and family due to mission requirements: for example, unaccompanied tours, deployment, and extended temporary duty.

The Hearts Apart/Waiting Families Support Group holds their meeting each month in the Middle School and Teen (MST) Building, Bldg 221. **The group meets from 1700 to 1900.** Different mini-presentations are presented each month covering topics, such as: stress, deployment, surviving the holidays, reunion and homecoming, etc.

A light dinner will be served. Upcoming meeting dates are as follows:

20 May 13, 24 Jun 13, 22 Jul 13 & 26 Aug 13.

Please RSVP no later than 1 week before class. Contact Linda Kerr for more information at (570) 615-6682 or email: linda.m.kerr.civ@mail.mil

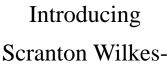


Summer is just around the corner, so it is time to start planning those summer activities. Camp experiences are wonderful opportunities for creating lifetime memories, but camp also offers children the opportunity to learn new skills, build on existing skills, deepen their self-confidence and broaden their independence. Finding just the right one for your child with special needs may be challenging. The first step is to decide what type of camp you and your child are interested in: day camp, overnight camp, therapeutic day camp and special interest camps are all options that you may want to consider.

Here are some questions you may want to ask:

Are there any medical professionals on site?
How close is the nearest hospital?
How are special dietary needs accommodated?
What types of training do the camp counselors/staff receive?
Who will dispense medication?
Is staff available to assist with feeding, toileting?
What is the camper to counselor/staff ratio?
What are the costs and is funding assistance available?
How does the program ensure an inclusive environment?
What activity alternatives are available to participants, should an activity not be appropriate?

It is important to remember that having a special need does not have to exclude your child from enjoying a summer camp experience. Finding just the right program for your child may take some time and can be a difficult process. Searching the internet and using tools such as the American Camp Association's Find a Camp (www.acacamps.org) can help you in your search. The National Dissemination Center for Children with Disabilities (http://nichcy.org) also offers links to camps that are designed for children with special needs. Operation Military Kids (OMK) and the National Military Family Association (NMFA) offer a wonderful program called Operation Purple Camp (www.militaryfamily.org). These camp experiences are free and available to military youth with parents who have been, are currently or will be deployed. The application includes places to document special needs or accommodations that your child requires. Operation Purple Camps do partner with outside care partners to offer an inclusive experience for all children.



Barre RailRiders















SATURDAY, 25 MAY 13

Five ticket options for this game

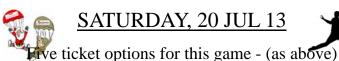
Infield Box: \$7.50 Each Bud Light Deck: \$10 each includes Hot Dog, Chips & Drink voucher

Field Reserved Seats: \$8 each includes Hot Dog, Chips & Drink Voucher

Bleacher: \$7 each includes Hot Dog, Chips & Drink voucher First Base Suite & Party Deck: \$20 each includes a food & beverage package

CHRISTMAS IN JULY

TOBYHANNA ARMY DEPOT GAME



The Operation Santa Claus program will be the featured non-profit community volunteer organization.



Tickets are on sale at the One Stop Shop. Please call X58851 for additional information. We look forward to having a great season with the new RailRiders Baseball team!

Why Stay Anywhere Else?





Tobyhanna Villas In the Poconos Vacation Homes & Business Suites 570-61-Lodge or 570-615-6343

Here's What We Have To Offer!

- Located on post close to business meetings
- · Queen Sized beds
- Flat Screen TV's
- DVD Players and Cable TV
- Free WiFi Connection
- Free Local Phone Calls
- In-Room Directory
- Daily Maid Service

\$77 Per Night
for Business Suite
\$95 Per Night
for Vacation Home

Call us if you'd like to tour our suites and homes available to you! X56343



Page 19



Main Cafeteria, X57998 Look for a special <u>coupon</u> in this brochure!

Main Cafeteria New Additions!

The Management Team has been working hard on implementing new healthy additions to their everyday menu choices at the Main Cafeteria. Stop by to see what's new on

<u> Monday, 6 May 2013!</u>





Premium Cappuccinos, Lattes, Espresso & Chai Selections

hot & cold coffee!

Fresh Baked Muffins, Breakfast Pastries & Hot Breakfast Sandwich Specials Available Daily!

Healthy Lifestyle Fruit Bar

Featuring Fresh Fruit and Granola Selections

Introducing Guiseppies Deli

Order Hot & Cold Sandwiches, Hot Pizza Specials & Philly Cheesesteaks for \$3.95! Also look for our improved Soup area!

Post Restaurant Pavilion Picnic Package

Price: \$10.95 Per Person
Minimum 25 Guests
Plus \$75.00 Pavilion Rental Fee

Choice of (3) Entrees

- ◆ Broasted Chicken (Must Try)
- ◆ Italian Chicken (Our Chef's Suggests)
 ◆
- Hamburgers (You Grill)
- Marinated Chicken Breast
- Jumbo Hot Dogs
- ◆ Chicken Tenderloin (Fried)
- Chicken Cacciatore
- Barbecue Chicken
- Sausage, Peppers & Onions
- Meatballs Marinara
- Roast Beef AuJus
- Virginia Baked Ham
- Jumbo Stuffed Shells
 - * Includes the use of a Propane Gas Grill and Refrigeration.
- ◆ Other Entrees Available upon Request
- Minimum 25 Guests + \$75.00 Rental Fee
- Minimum 50 Guests to Receive Chafing Dishes & Sterno
- Pavilion Package is to be picked up at The Post Restaurant.
 Delivery & Clean-Up Available at an Additional Charge.

Choice of (3) Sides

- Mashed Potatoes
- Parslied Potatoes
- Pierogies
- Boston Baked Beans
- Steamed Vegetables
- Stan's Pasta Salad
- Macaroni Salad
- Coleslaw
- Tossed Garden Salad

Call (570) 615-7998 for reservations!



Cocktail Hour

Bourbon, Whiskey, Scotch, Gin, Vodka, Rum, Sloe Gin, Peach Schnapps, Red & White Wines and (3) Taps of Beer

Dinner Begins With...

A Wine Toast For All Guests A Fresh Tossed Garden Salad Served with Our Own House Dressing

Entree Selections (Choice of Three)

Chicken Marsala Baked Haddock Stuffed Chicken Breast Chicken Français Virginia Baked Ham Veal Parmesean

Sliced Roast Beef Au Jus Vegetable Lasagna Eggplant Parmesan Penne Pasta w/ Meat Sauce Baked Meat Lasagna Lemon Chicken Peach Tree Chicken

Chicken Scampi Style Chicken Parmesan Sliced Porketta Cheese Ravioli Sliced Roast Turkey

Served with Potato & Vegetable (Choose one of each)

Whipped Potatoes w/ Gravy **Baked Potato** AuGratin Potatoes Baby Red Potatoes w/ Basil Rice Pilaf Scalloped Potatoes

Honey Glazed Carrots Peas w/ Pearl Onions Grean Beans w/ Almonds Buttered Corn Vegetable Medley Broccoli Lyonnaise



The Crowning Touch (Choice of one)

French Vanilla Ice Cream Sherbet

After Dinner

Your Guests Will Enjoy Three Hours of Open Bar

Those Little Extras Cost No More

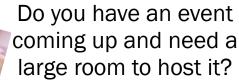
A Beautifully Designed Wedding Cake - Choice of Table Linens - Flowered Bud Vases - Bridal Table with Candelabras - Ample Free Parking - Oversized Outdoor Deck - Wedding Support Recommendations: DJ's and Bands, Invitations, All Types of Custom Engraving

Let Us Help Make Your Special Day One Of Your Best!

The Landing is Available 7 Days a Week for Your Special Occasion.

Call to ask about other menu items or special requests.





The Mack Fitness
Center has a brand
new meeting area with
tables, chairs,
whiteboard, TV and
Slideshow hook-up
capabilities for you to
rent!

Birthday parties, business meetings, training seminars, meet and greet events and more.

Call X57092 to speak to one of our assistants on room availability.



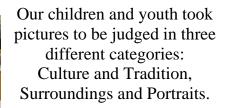


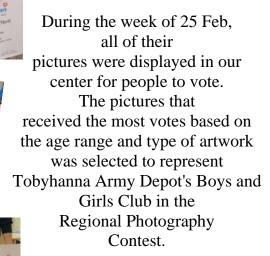


Photography Contest at CYSS



Our School-Age and Middle School and Teen program participated in the 2013 ImageMakers National Photography Contest.





Pictured to the left are all of the winners, Congratulations!

Busy... Busy... Lil' Learners...



Col Schröter visited the Preschool students on 10 Apr to read stories to the children.

Thank you COL Schröter!



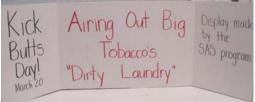
Our annual Easter Egg Hunt took place on Saturday, 23 Mar and it was a success!
Over 100 children took part in the Easter Egg Hunt, took photos with the Easter Bunny, played games and won prizes!

Thank you to the families who participated

Kick Butts Day

was recognized on 20 Mar as an Army initiative for the Children and Youth programs to raise awareness of the dangers of tobacco use. Displays were created by the children and displayed at the PX, Cafeteria and







Preschool Graduation will take place on <u>30 May 13</u> at 1030 hours in Building 335

COL Schröter will be presenting the certificates to the children!
All CYSS families are encouraged to attend the ceremony.

Light refreshments will be provided after the ceremony.







Summer Camp is available for children having finished kindergarten through eighth grade. The children will be taking a field trip every other week and participating in a special activity weekly! The first week of Summer Camp begins 17 Jun 13!

To register your child or to find out more information about the program and fees, please contact Child, Youth and School Services directly at (570) 615-6559



15 X 15 tent

(1) 8 foot Aluminum Table

(10) Standard Folding Chairs

(1) 5 Gallon Cooler

3 Day Rental

<u>ALL FOR \$50!</u>

Total of almost \$30 in savings!

POST RESTAURANT

Cut this coupon out and present it to the cashier at the Main Cafeteria to enjoy \$.25 off any size coffee from Java Express!